

List of Selected Programmes Targeting Maternal and Child Wellness

S/No	Programme
1	<p><u>Anchor</u></p> <p>Challenging or traumatic events experienced in early childhood could adversely affect cognitive development, behaviour, emotions, and consequently health in adulthood. Temasek Foundation partnered KK Women's and Children's Hospital (KKH) to support children facing such challenges through Anchor, a tailored home visitation programme launched in 2019. The programme included home visitations and regular assessments of the children's developmental, emotional and physical health, as well as the needs of caregivers and families.</p>
2	<p><u>KIDS (Kids Integrated Development Service) 0-3</u></p> <p>Started in 2014 as a pilot community programme supported by Temasek Foundation with KKH and AMKFSC Community Services Ltd, KIDS 0-3 sought to optimise the developmental potential of children from low-income families. Families reported stronger parent-child bonding; with better child health and development outcomes. Today, it has been integrated as a core component of the KidSTART programme under the Early Childhood Development Agency.</p>
3	<p><u>KITS (Kids in Tough Situations)</u></p> <p>Under KITS, a pilot programme supported by Temasek Foundation with KKH launched in 2014, school counsellors, community social workers and therapists received training to enable them to provide trauma treatment to the community and accessible therapy for children, as well as raise the awareness and knowledge about trauma, its impact and how and when to seek treatment. The current Trauma Network for Children was created from this programme.</p>
4	<p><u>KK Human Milk Bank</u></p> <p>Established in 2017, the KK Human Milk Bank supported by Temasek Foundation was the first such programme and facility in Singapore. It provided pasteurised donor human milk to support premature and critically ill babies – nutrition that is much needed in order to thrive. It later went on to benefit babies in the community.</p>

S/No	Programme
5	<p data-bbox="320 271 504 304"><u>Project ARIF</u></p> <p data-bbox="320 383 1390 633">Project ARIF was set up in 2021 in collaboration with Temasek Foundation, KKH and the Islamic Religious Council of Singapore (MUIS) to provide newly-wed couples support when they are starting families. Through the pilot programme, newly-weds received religious, marital, medical and parenting guidance from a team of Naib Kadi (deputy marriage solemnisers of Muslim marriages), mosque personnel, and healthcare professionals from KKH.</p>

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